

## MCDA MONTHLY MENU

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
AM	Corn Flakes, Oranges, & Organic Milk	Bagels, Cream Cheese, Pears, Organic Milk	Waffles, Grapes, Organic Milk	Toast and Jelly, Peaches, Organic Milk	Mini Muffins, Bananas, Organic Milk
PM	Goldfish , Fruit Snacks, Grapes & Water	Saltines Crackers and Cheese, Water	Teddy Graham Orange Water	Yogurt, Strawberry, and Water	Cucumber Cottage Cheese & Water
AM	English Muffin, & Jelly Peaches, Organic Milk	Pancakes, Bananas, Organic Milk	Mini Muffins, Oranges, Organic Milk	Bagels/Cream Cheese, Grapes, Organic Milk	Croissants Nutella & Pears, Organic Milk
PM	Pretzels & Strawberries, Water	Jell-O & Apple Slices, Water	Teddy Gram & Applesauce Water	Cheese-Its, Orange slices & Water	Pita Chips & Humus with Water
AM	Oatmeal, & Raisins, Organic Milk	Rice Krispy Cereal & Strawberries, Organic Milk	Waffles, Grapes, Organic Milk	Yogurt, Granola peaches, Organic Milk	Mini Muffins, Cantaloupe , Organic Milk
PM	Chex Mix & Grapes & Water	Pita Chips & Humus w/ Water	Saltine Crackers & Cheese, Oranges water	Veggie Chips Strawberries Water.	Carrots & Celery w/Ranch, Water
AM	Bagels/Cream Cheese ,Pears, Organic Milk	Pop tart & Blue berries & Organic Milk	Corn Flakes Oranges, Organic Milk	Toast & Nutella Applesauce, Organic Milk	English Muffin & Butter , Bananas, Organic Milk
PM	Tortilla Chips and Salsa & Water	Pudding & Fruit Snack & Water	Pretzels & Strawberries & Water	Rice Krispy Treat Snack Bar & Water	Oatmeal Cookie Oranges & Water